

## 2017-2018 Annual Report: Levántate Mujer Site Levántate Mujer Foundation Bolivia, Latin America

### Education

#### Achievements

1. At the Child Care Center, 32 children under 5 years of age, received **early stimulation** in the areas of language, personal development, social and psychomotor learning.
2. Thanks to the “**Hope For my Future**” scholarship, Víctor Hugo Miranda Sello, Rafael Carlos Delgadillo Arancibia and Verónica Higuera Vargas completed the Advanced Technician in Management and Entrepreneurship course at *Universidad Católica San Pablo* in the city of La Paz.
3. **Pedagogical support** was provided to 50 children and adolescents in the Child Care Center and the Rodolfo Dining Room, helping to carry out the homework they are given in the Educational Units and reinforcing their knowledge.



#### Goals

1. That all sponsored children and adolescents have the necessary materials to attend their classes.
2. Children and adolescents who participate in the program have better school performance and are motivated to continue studying.

### Health & Hygiene

#### Achievements

1. 41 Children and adolescents of the Rodolfo Public Dining Room and of the Child Care Center, participated in the dynamics of **dental**



**health and personal hygiene**, promoting good practices of dental cleaning. For this activity we had with interns of the Odontology Major. Children are now more aware of the importance of good oral health habits and good basic personal hygiene.

2. Thanks to coordination between the Child Care Center and the Health Center of Villa Margarita Santa Bárbara, the Center's cooperation in the **measurement of height and weight** of all children who attended the Dining Room on a monthly basis, was achieved.
3. Through the Gift Catalogue, mothers and children of 12 families were benefited with **dental treatment and the acquisition of glasses**.

### Goals

1. Strengthen the knowledge of children, adolescents and mothers on hygiene and health issues, and encourage the application of them in their daily lives.
2. Improve training in health and hygiene issues with the incorporation of more interns from the health sector.

### Nutrition

#### Achievements

1. A healthy and balanced lunch was offered to 180 children and adolescents in the Rodolfo Public Dining Room and the Child Care Center from Monday to Friday. Of the 180 children and adolescents, 32 children under 5 years of age received 4 servings a day.
2. **Monthly reflection talks were held with 78 mothers and tutors** of the children and adolescents of both centers on the importance of a healthy diet and adequate food handling.
3. In workshops and activities with 95 children and adolescents from both centers, the importance of healthy eating for their development was informed and reflected.



### Goals

1. Reinforce the methodology of the information discussions on good nutrition with more playful, interactive and creative activities and materials.
2. Continue with the program providing a daily ration of healthy food.

### Community

#### Achievements

1. Family ties have been strengthened, contributing to a decrease in intra-family violence.
2. Integral services of the Foundation have achieved that mothers participate in productive workshops and start self-owned entrepreneurships.
3. Thanks to the sisters of the Good Shepherd, children received the baptism as a symbol of a new life as Christians dedicated to God.

*Goals*

1. Support and motivate so that all the Family Circles achieve their cohesion, as a community.
2. Expand the spaces of the facilities of the Rodolfo Dining Room, to be able to assist the entire population.

**Family**

*Achievements*

1. All mothers have been strengthened in workshops on social skills, human rights and basic finances.
2. Families apply relationship techniques and practice good treatment within the family.
3. Empowered mothers exercise their leadership in and out of their family and with organizational capacity.



*Goals*

1. Strengthen and empower all mothers of sponsored children on a personal and emotional level, in order to strengthen their leadership.
2. Continue to strengthen the leaders of the Family Circles in topics of leadership and decision making.

**Direct Family Financing / Family Circles**

*Achievements*

1. All empowered mothers make their purchases prioritizing: health, education, food and clothing.
2. 2 Family Circles have achieved joint savings.
3. 90% of families achieved financial inclusion.

*Goals*

1. Achieve a financial inclusion of 95% of families.
2. Continue training the members of the Family Circles in DFF and decision making.

